

Please replace paragraph [0043] with the following amended paragraph:

[0043] As illustrated in Figs. 4 and 10, if the vertebrae 16 and 20 move away from each other (as viewed in Fig. 4), then the support 44 moves in the direction of arrow A in Fig. 4 while supports 46 and ~~red~~ support 56 move in the direction of arrow B in Fig. 4. The movement of support 46 causes the support 56 to also move downward (as viewed in the Figure) in the direction of arrow B as the support 44 moves in the direction of arrow A. This, in turn, causes compressing of the compression disk 66, which facilitates reducing stress.